

Which dialysis therapy is right for you?



Home Hemodialysis



Peritoneal Dialysis



In-Center Dialysis

Freedom

- Prefers home, or clinic location is inconvenient
- Treatments 3–5x week, 3–4 hrs/day
- 1 routine check-in/mo
- Available care partner with remote care team support
- Home storage space for supplies

- Prefers home, or clinic location is inconvenient
- Treatments 7x/week, 8–10 hrs/day (or overnight)
- 2 routine check-ins/mo
- Self-managed therapy with remote care team support
- Home storage space for supplies

- Prefers clinic, and clinic is nearby
- Treatments 3x/week, 4 hrs/day, plus travel time
- 1 routine check-in/mo plus therapy appointments
- No care partner at home; care team on site
- Limited or no storage space for supplies

Flexibility

- Flexible diet
- Active lifestyle: employed, student, or caregiver
- Dialyze around activities, with freedom to travel

- Some diet flexibility
- Active lifestyle: employed, student, or caregiver
- Dialyze around activities, with freedom to travel

- Strict diet
- Flexible job, unemployed, or retired
- Predictable dialysis routine, limited ability to travel

Feeling better

- Maintain or increase energy
- Short recovery time
- May reduce dialysis medications
- Hemodialysis vascular access required

- Maintain or increase energy
- Short recovery time
- Typical dialysis medications
- Surgical placement of peritoneal access required

- Lower energy
- Long recovery time
- Typical or possibly more dialysis medications
- Hemodialysis vascular access required

Outset Medical is passionate about dialysis patients knowing their options and living their best life. This poster is not intended to provide or be a substitute for professional medical advice, diagnosis, or treatment. The reported benefits of a particular dialysis therapy may not be experienced by all patients. It is important that patients consult with their physician to understand the risks and

responsibilities associated with a particular dialysis therapy prior to receiving treatment, and that they rely on their physician's judgment. Only a physician can determine whether a patient is a suitable candidate for a particular dialysis therapy based on the individual facts and circumstances of the patient.

Data on file with Outset Medical.



Outset Medical, Inc.
San Jose, CA
outsetmedical.com



1183-v1
© 2022 Outset Medical