Home Hemodialysis Can Help Reduce Total Cost of Care Among Medicare Advantage Members with ESRD

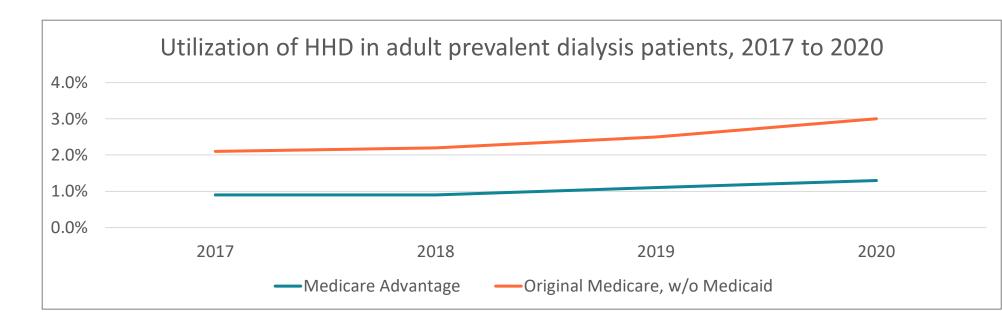
.Outset



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BACKGROUND

- The Advancing American Kidney Health (AAKH) Executive Order set a goal of 80% of new ESRD patients initiating on home dialysis or with a transplant.
- The USRDS reports the great growth in home dialysis use 2017-2020, is in home hemodialysis (HHD), yet Medicare Advantage lags Original Medicare.¹



OBJECTIVES

• To estimate the per member per month (PMPM) costs and the five-year savings, from the payer perspective, for a MA health plan generated by incentivizing Tablo® HHD vs. in-center HD (ICHD), aligned with the AAKH goal.

METHODS

We modeled a MA health plan with 500 dialysis members.

Modeling was performed in MS Excel and included inputs in Tables 1 and 2

Table 1. Population Inputs, Years 1-5	
Dialysis Member Years	500-580
Death & Transplant ¹	19%
Incidence ¹	22%
New Tablo HHD starts	20%-50%
New PD starts	18%-30%
HHD to ICHD at 1 year	7%-10%
PD to ICHD at 1 year ¹	17%-18%

Table 2. Medicare Advantage Plan Inputs, Years 1-5 PMPM Capitation (CMS Benchmark) \$9,239-\$11,231 Max out-of-pocket (OOP) \$5,000 Risk-adjustment Factor 1.00 In-center HD & PD Rate per Tx² \$338-\$380 Tablo HHD Rate per Tx² \$303-\$341 3.0x weekly Dialysis Frequency ICHD & PD New Tablo HHD starts 3.5x weekly Hospitalization costs Tablo HHD:ICHD³ 0.7:1

RESULTS

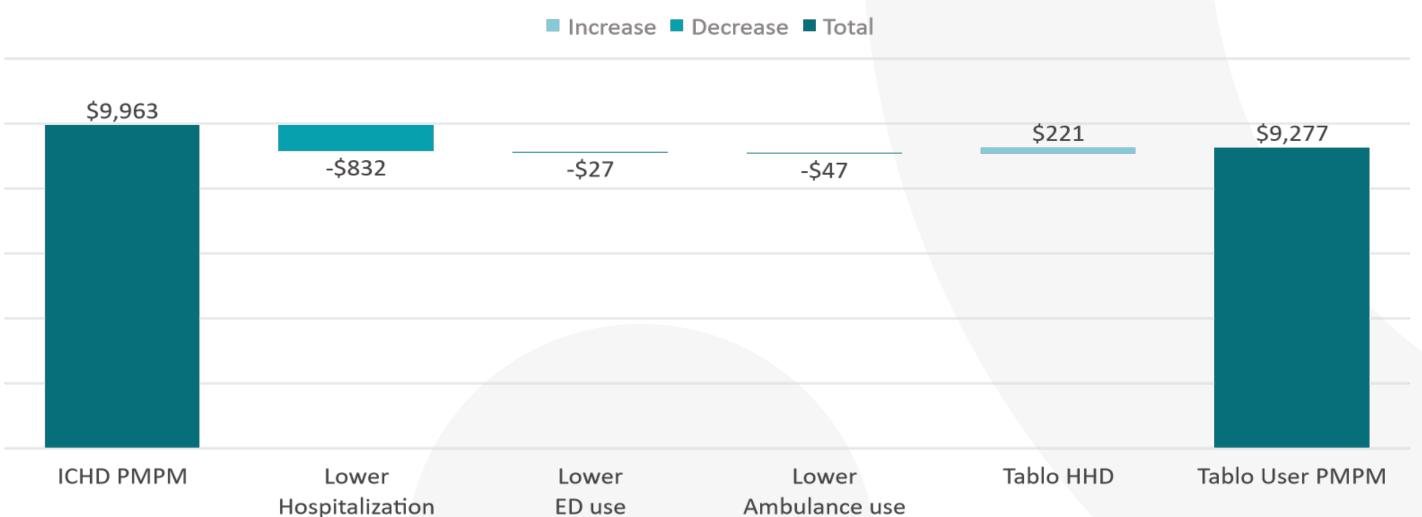
At the end of the modeled five years, we estimated that 172 members would be on Tablo HHD (30%), and a total of 508.2 member years over the 5-year term of the model.

The five-year average HHD PMPM provided \$686 in savings vs. ICHD, yielding \$4.2M total cost of care savings over the five years. (Figure 1)



Est. Difference in MA ESRD HHD PMPM
Total Cost of Care: In-center HD v. Tablo

5-year average



DISCUSSION

- Medicare Advantage plans have been slow to join CMS in incentivizing home dialysis for either providers or members.
- This modeled analysis demonstrates substantial cost savings by MA health plans through HHD expansion with innovative home dialysis technologies, like Tablo.

CONCLUSION

A Medicare Advantage health plan with 500 dialysis members could reduce costs by \$686 PMPM and drive \$4.2M in savings over five years, achieving AAKH goals by growing Tablo HHD utilization.

^{1.} USRDS 2022 ADR, ESRD Volume. Figure 2.1b.

^{2.} Lin et al, Health Affairs, Aug 2022

^{3.} Plumb et al, HDI 2019